

First Baptist Church of Peoria
Engaging Minds and Hearts
FIRST BAPTIST NEWS
OCTOBER 23, 2018



TRUNK OR TREAT

Good Morning Church,

We took Raegan to one of those Halloween stores to look at costumes. She wants to be a Unicorn for Halloween. The store had all of those scary animatronic monsters set up. "You know the ones; they have a spot on the floor that reads "step here;" and when you do, a werewolf or wicked witch jumps at you with creepy sounds in the background. They startled me more than once. Raegan, on the other hand, kept hugging them and holding their hands. At one point she lay on the floor next to a plastic zombie lady and said, "Awe, she's sad."

The Halloween season is a lot of fun for our family. As I'm sure you're aware, Halloween with young children is a blast. The costumes, candy, festivals, and scary stories are all their own special treat. This isn't just the case for my family, it's the case for most families in our community. That is why it is so important that you come to "Trunk or Treat" on October 28.

There are a lot of important moments coming up in the life of the church, but few are quit as important as "Trunk or Treat." On October 28, from 4:30-5:30 p.m., our church campus will be covered by hundreds of people from all over the community. This is our opportunity to love on them, welcome them, and remind them that they are loved by God.

I'm challenging you to come and help serve at "Trunk or Treat." Bring some big bags of candy, dress up and decorate your car if you'd like to. But most of all bring your smiles, warm hearts, and Christ-like spirits. Come ready to serve and welcome the community in the love of God. Come ready to see people as the image-bearers of God that they are.

My family will be there; we'll be the ones with a unicorn. I hope that you'll be there as well. Let's show Peoria that First Baptist loves them and is here to serve them.

Just a Ragamuffin,
Pastor Rob Collins

WORSHIP SERVICES

10:00 A.M. WORSHIP & CHILDREN'S SS ■ 11:00 A.M. FELLOWSHIP TIME

OCTOBER 28, 2018
"JESUS STOOD STILL"
Mark 10:46-52

What could be so compelling, so important that it would cause Jesus to stop in his tracks on the way to Jerusalem? Apparently a blind beggar. It's time that we all look around and start seeing the world around us. Chances are there is something worth standing still for!

Music:

Nov. 4, 2018
"AN ACT OF TRUE LOVE"
Ruth 1:1-18, Mark 12:28-31

Ruth had every reason to abandon Naomi. She could have gone back to her family, to her home town. She could have started over. Ruth chose to stay and exhibit an act of true love. Together we'll explore the calling of divine love and how it breaks down boundaries.

Music:

Contact Us:

Dr. Robert Collins, Sr. Pastor	(309) 682-5491	robertdoncollins@icloud.com
Mark Grizzard, Music Dir./Youth. Leader	(309) 310-9927	markg@fbcpeoria.com
Dr. Joshua Russell, Organist	(319) 400-8920	joshua@joshuarussellpianist.com
Leigh Grizzard, Bell Choir Director	(309) 682-5491	leigh.grizzard@gmail.com
Sandy Johansen, Church Secretary	(309) 682-5491	office@fbcpeoria.com

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NOMINATING COMMITTEE REPORT

Listed below are individuals who have been nominated and the boards for which they are nominated.

Executive Committee

Moderator	Joe Sexton
Vice Moderator	Tim Austin
Clerk	Carolyn Ihnken
Treasurer	Paul Grove

Mission Board

Judy Ryan
Jean Brown
Bob Atwater

Trustees

Cindy Courtney
Nancy Koller
Bob Klimko
Terry Phillips

Diaconate (Still need 3 members. Contact Doug Miller.)
Virginia Bott.

We will vote on these nominees at the Consecration Sunday meeting immediately after worship on Sunday, November 11th.

Joe Sexton
Nominating Committee Chair

PRAYER CONCERNS

Mark Grizzard	Jim Russell	Charlie Heathcoat
Char Austin	Helen Nicol	Sharon Stanard
Rose Kimpling	Pam Orrill	Jim Ashton
Rosemary Walk	Alyssa Russell	Wally Webber
Mary Hinch	Jacquelyn Kellogg	
	Don Middleton (Jim Middleton's son)	
	Dick Sternberg (Jo Sternberg's husband)	
	Peter (Grandson of Brenda Shay)	
	Stephanie George (Brenda Shay's daughter)	
	Mark Huddle (son of Mike & Cheryl Huddle)	
	Ray Piersall (Deb & Tom McGlothlen's brother)	

Church Women United

World Community Day

*Reaching for Wholeness
in Harmony with God's People*
9:00 a.m., Nov. 2, 2018

First Baptist Church of Peoria

For Reservations: Thelma Hopwood, 309-699-6950

CPR/AED & FIRST-AID CLASS

The FBC Health & Wellness Committee will host a certification class for CPR/AED and first aid on Saturday, November 3rd, at 10:00 a.m. in the chapel.

This class is different from the hands-on CPR class we held in September. It is for those who need their CPR certification or who would just like to get a more comprehensive class.

There will be a \$25 per-person charge. Please contact Sally Tiessen, Lurene Ladd or the church office if interested.

Lurene Ladd, Parish Nurse

DINING OUT GROUP

The Dining Out Group will meet on Friday, October 26th, at 6:30 p.m. at The Flat Top Grill at the Shoppes at Grand Prairie, 5201 W. War Memorial Drive. Please contact Jen Dusek if you plan to attend: Ph: (309) 231-6389, e-mail: the_j_family@yahoo.com.

FBC FALL CLEAN-UP

We will gather on Saturday, November 3rd, to clean up the grounds of the church. All participants are invited to join the men for breakfast at 8:00 a.m. Contact Ron Jacobs or Dick Gillaspie if eating so we have enough food. Work will begin right after breakfast. Please show up and help.

CONTEMPORARY ISSUES CLASS

"Sex, Drinking and Keeping Our Kids and Grandkids Safe – and Ourselves Too" will be the timely topic of the November 4th Contemporary Issues Class. Speakers will be Carol Merna, Executive Director of the Center for Prevention of Abuse, and Julie Boland, the Center's Director of Sexual Assault and Advocacy Services.

The program should be of interest and importance to all individuals, regardless of age and gender, and to family members who seek to give good advice. The class will meet at 11:15 a.m. in the sanctuary.

Barb and Bernie Drake



FBC TRUNK OR TREAT

Sunday, October 28th

4:30—5:30 p.m.

Your car and candy are needed. Costumes are optional.



November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>Each Sunday in November we will be accepting donations of non-perishable food items for the Friendship House Stuff-A-Bus food campaign. Please bring as many donations as possible.</p>				1 8:30AM FBC Exercise Grp.	2 9AM Church Women United (Fell. Hall)	3 8AM Men's Breakfast 9AM Fall Outside Clean-up Day 10AM CPR/AED First Aid Class (Chapel)
 <p>Daylight Savings Time Ends on November 4th. Be sure to set your clocks back 1 hour before going to bed on Saturday, November 3rd.</p>						
4 Communion Sunday 9AM Music Rehrsl. 10AM Worship & Children SS 11AM Fellowship Time	5 10AM MUGS2 @ Panera's	6 8:30AM FBC Exercise Grp. 10AM MUGS (FBC Parlor)	7 Rehearsals: 5:15PM Guitars 5:45PM Bells 6:45PM Choir	8 8:30AM FBC Exercise Grp.	9 6:30PM Gourmet Grp. (Var. Loc.)	10
11 Consecration Sun. 9AM Music Rehrsl. 10AM Worship & Children SS 11AM Congr. Meeting & Luncheon	12 10AM MUGS2 @ Panera's 11AM Heart-Warming Hats 1PM Prayer Chain	13 8:30AM FBC Exercise Grp. 10AM MUGS (FBC Parlor) 6:30PM Board Meetings	14 Rehearsals: 5:15PM Guitars 5:45PM Bells 6:45PM Choir	15 8:30AM FBC Exercise Grp. 4:30PM FRUT 6:30PM Diac. Comm. Mtg. 7:30PM Dartball	16	17 10AM ABW Brunch (Fell Hall)
18 9AM Music Rehrsl. 10AM Worship & Children SS 11AM Fellowship Time 11:15AM Exec. Mtg.	19 10AM MUGS2 @ Panera's	20 8:30AM FBC Exercise Grp. 10AM MUGS (FBC Parlor) 12PM Circle Of Friends	21 4:15PM Music Fine Arts Mtg. Rehearsals: 5:15PM Guitars 5:45PM Bells 6:45PM Choir	22  Church Office Closed	23	24
25 9AM Music Rehrsl. 10AM Worship & Children SS 11AM Fellowship Time	26 10AM MUGS2 @ Panera's	27 8:30AM FBC Exercise Grp. 10AM MUGS (FBC Parlor) 7:30PM Dartball	28 Rehearsals: 5:15PM Guitars 5:45PM Bells 6:45PM Choir	29 8:30AM FBC Exercise Grp. 7:30PM Dartball	30	

THE NEXT CHAPTER

"Based on the gift each has received, use it to serve others, as good managers of the varied grace of God." —1 Peter 4:20

Dear Church Family,

What a privilege it is to be a member of a church with such a rich heritage, and now how exciting it is to be an active part of "**The Next Chapter**." As we look forward to an enthusiastic new pastor, new members, the ability to continue and enhance our current programs, and continued support of our missions, we ask that, if possible, you prayerfully consider joining the "20 - 40 - 60 Club."

What is the "20 - 40- 60 Club"? If you can increase your pledge \$20 a month (the cost of two meals at Culver's), \$40 a month (the cost of two meals at Olive Garden) or \$60 a month (the cost of two meals at Obed & Issac's) you can help us achieve our 2019 budget. A successful Stewardship Campaign will allow us the ability to show the church staff our appreciation for their continued hard work and dedication, the ability to maintain both our local and international mission giving, the ability to provide the resources necessary for the trustees to continue the work of maintaining our facilities and grounds, and the ability to provide our boards the resources necessary to continue and enhance their programming.

Bring your pledge cards on Consecration Sunday, November 11th, and plan to join us for a luncheon following worship. If you are unable to attend that Sunday, please turn your cards in to the church office prior to that date.

"Each person should do as he has decided in his heart, not reluctantly or out of necessity, for God loves a cheerful giver." —2 Corinthians 9:7

Sincerely,

Paul and Nancy

Paul and Nancy Phillips

THE MISSION OF FIRST BAPTIST CHURCH IS TO MINISTER TO OUR CONGREGATION, THE COMMUNITY AND THE WORLD, SO THAT ALL MAY EXPERIENCE THE LOVE AND GRACE OF GOD.



HEALTH TIPS: Bulking Up

Dietary fiber is known for improving bowel regularity. However, higher dietary fiber intake also improves cholesterol levels and reduces the risk of heart disease, stroke, diabetes, and colon cancer. Recommended daily intake of fiber for people 50 and older is at least 21 grams for women and 30 grams for men. To reach that:

- ◆ **Read nutrition-facts-labels** — Foods with 2 to 3 grams of fiber per serving are good fiber sources, but more fiber is even better. Choose breads and cereals with whole wheat or whole grain as the top ingredient.
- ◆ **Make substitutions** — Swap in whole grains such as brown rice, whole-grain pasta, quinoa or barley for low-fiber options like white rice or enriched pasta. If a baked goods recipe calls for white flour, use half whole-wheat and half-white flour instead.
- ◆ **Add beans** — Black, kidney, pinto, navy and other types of beans and lentils are nutritional and fiber powerhouses. Use them in soups, salads, tortillas or stir-fries. Try pastas made from beans or other types of legumes.
- ◆ **Keep fruits, veggies and nuts handy** — Many fruits, vegetables, greens, berries and unsalted nuts are good to great sources of fiber.
- ◆ **Mix it in** — A tablespoon or two of chia seeds, ground flaxseed or wheat germ added to salads and other prepared foods will add fiber as well.
- ◆ **Skip the chips** — Try unsalted popcorn. If chips are a must, pair whole-grain tortilla chips with salsa or avocado dip.